

DISCOVER YOURSELF

Seminar Report

Cititel Mid Valley Kuala Lumpur
26 June 2010

- ONE day program (8 hours)
 - Program materials
- Interactive with video and group work
 - Fun and games
 - Hands on exercise &
 - REAL life examples!
- You will be transformed!

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DISCOVER YOURSELF PROGRAM REPORT

The following report is based on the feedback obtained from participants of Discover Yourself Seminar (DYS) that was held on 26th June 2010 at Cititel Mid Valley Kuala Lumpur.

Participants of DYS were university and college students

- who had previously attended the Real 5 Tips Program @ Campus conducted by Real Leaders Solutions (RLS) and also
- who were sent by their Student Affairs Department.

The objective of this program is to provide training to participants on soft skills and leadership skills based on the 4 pillars of leadership; Relationship, Equipping, Attitude and Leadership.

The trainers for DYS were the founders of RLS; Encik Amirul Iskandar bin Mannan and Puan Elin Arjuna binti Mohd Arip who have been training students since 2002. They are qualified trainers, motivators and public speakers as well as authors of the book, 'Passion2Income ~ Turn Your Passion Into Income'.

Participants were trained in the following key areas;

1. Relationship

- DISCOVER Yourself ~ Participants took the personality test to identify their personalities and discover their strength and weaknesses.
- Participants were also taught the basics of body language and personal grooming especially during interview sessions.

2. Equipping

- DISCOVER how to build a winning team through the B.U.L.A.T. principle.
- Perform a leadership challenge as a group.

3. Attitude

- Learn from the lessons of the Go Getter through the 'Pasu Biru' experience.

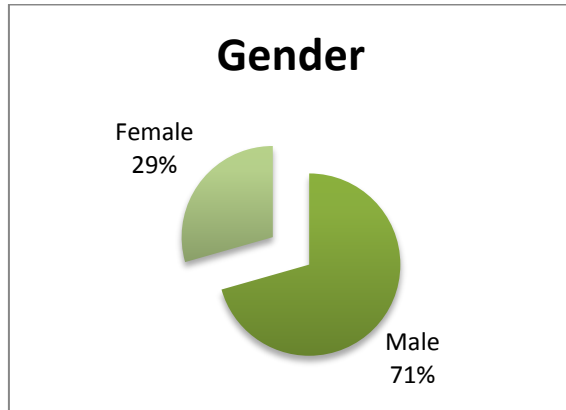
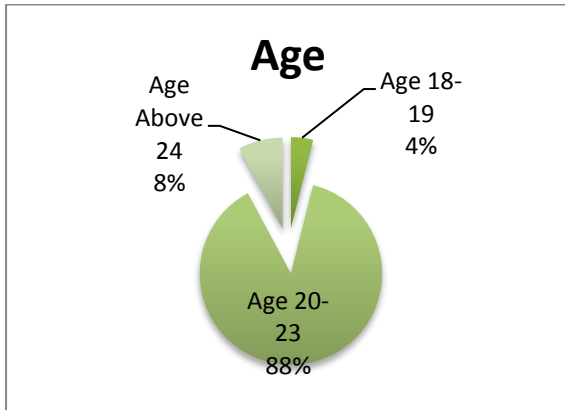
4. Leadership

- DISCOVER the 5 golden rules of leadership & how they can apply it to become a winner and GUARANTEE success in their life.

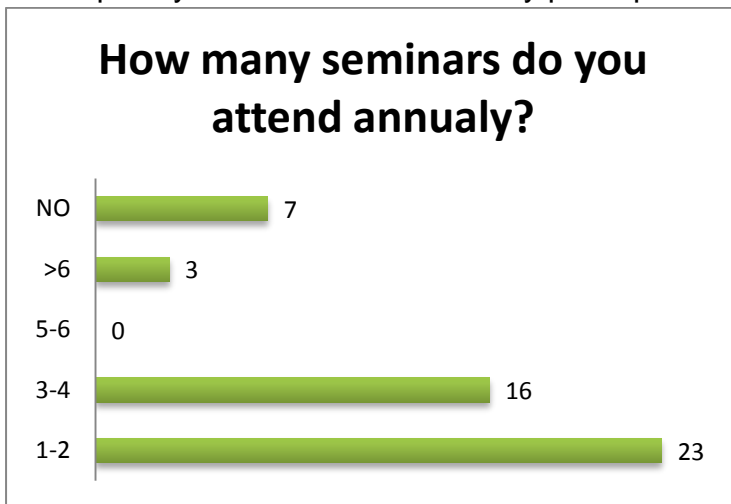
Overall the program was a success based on the feedback from all the participants.

SECTION 1: DELEGATE INFORMATION

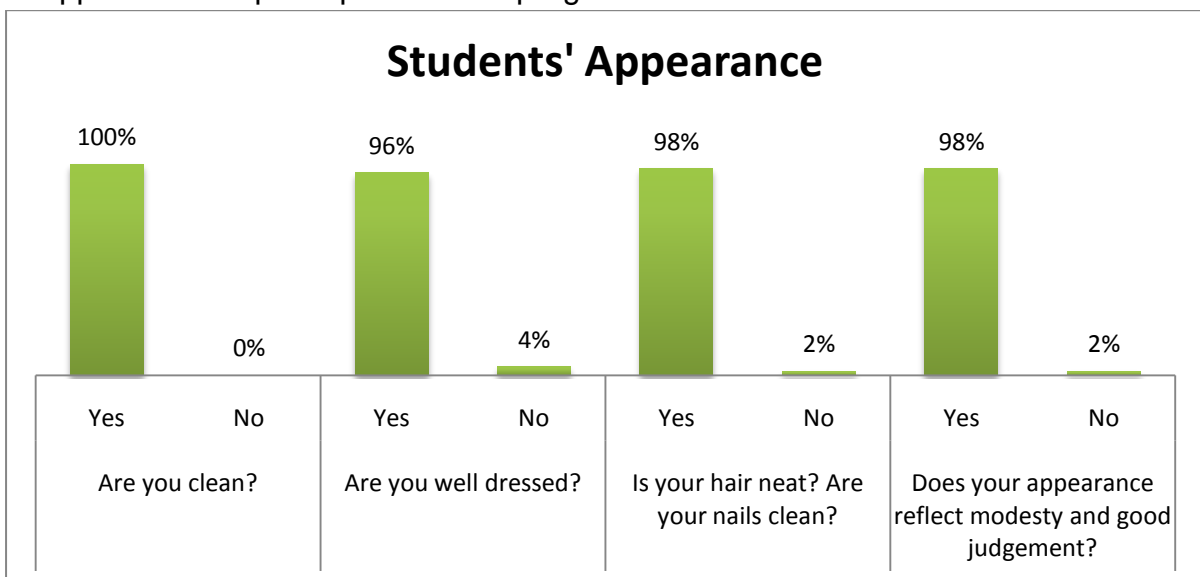
1. Breakdown of age and gender of participants:



2. Frequency of seminars attended by participants:

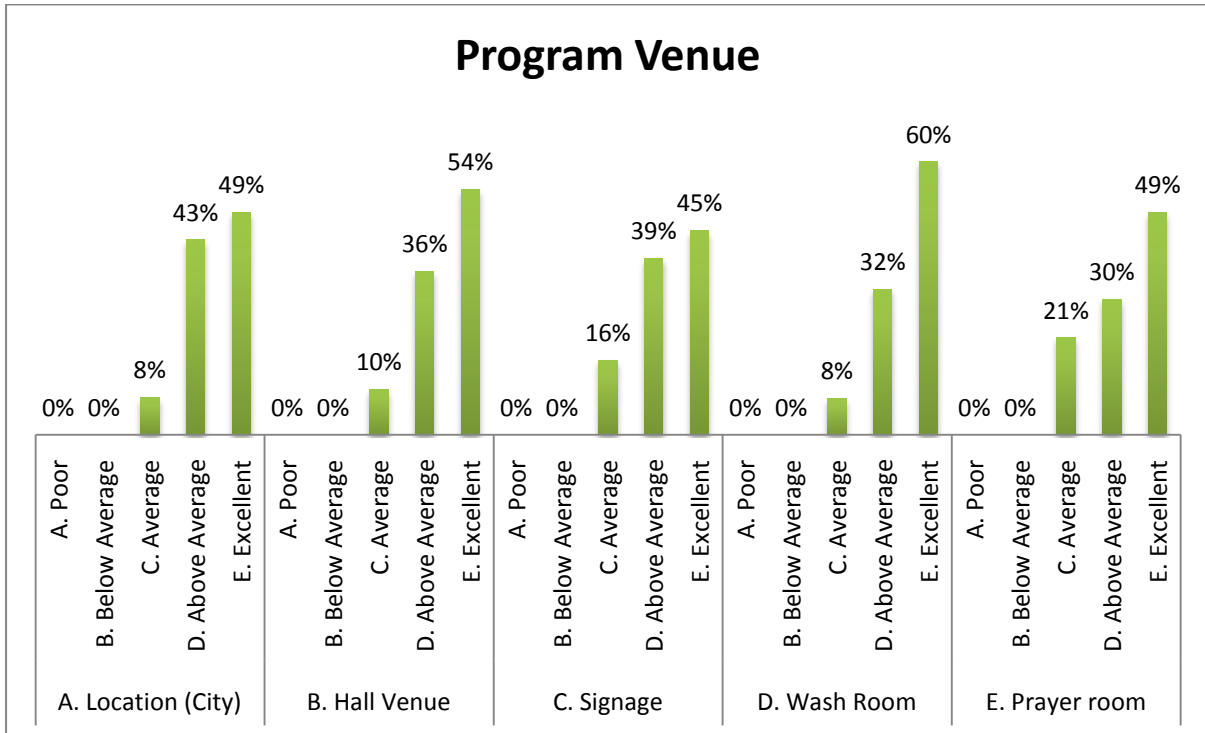


3. Appearance of participants at the program:

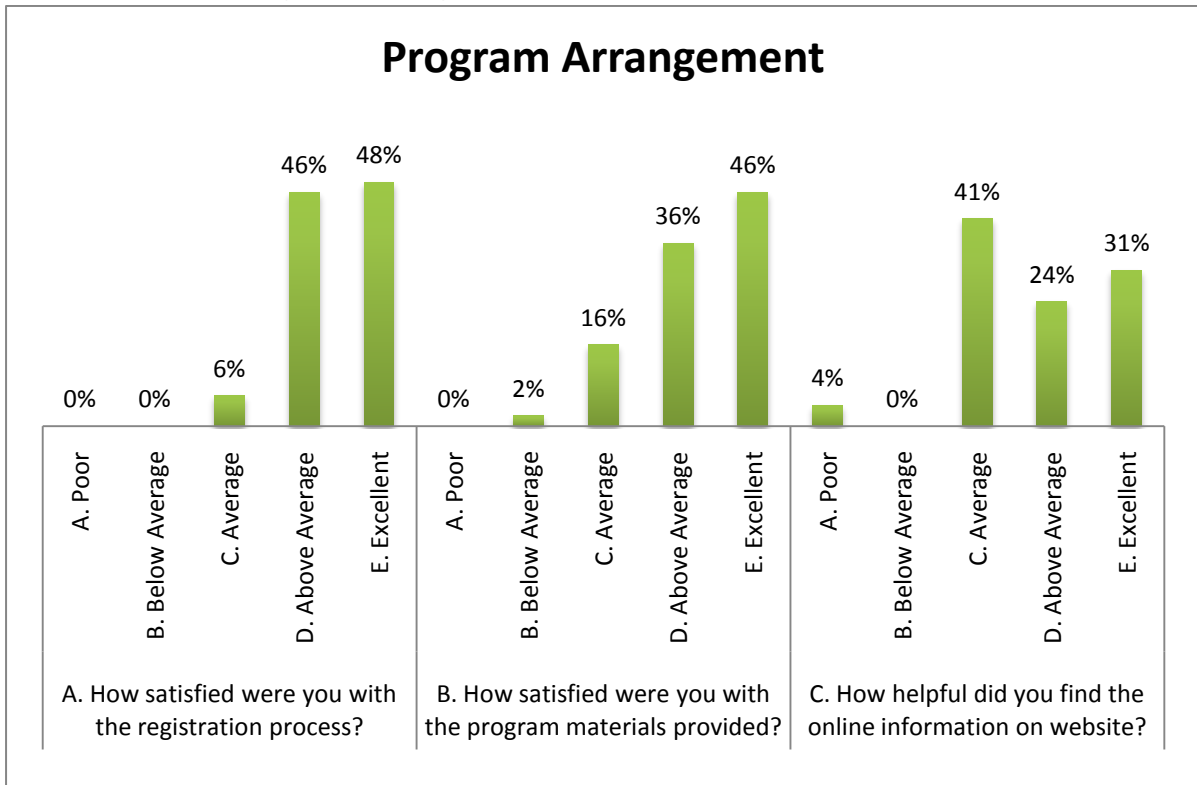


SECTION 2: PROGRAM VENUE & ARRANGEMENT

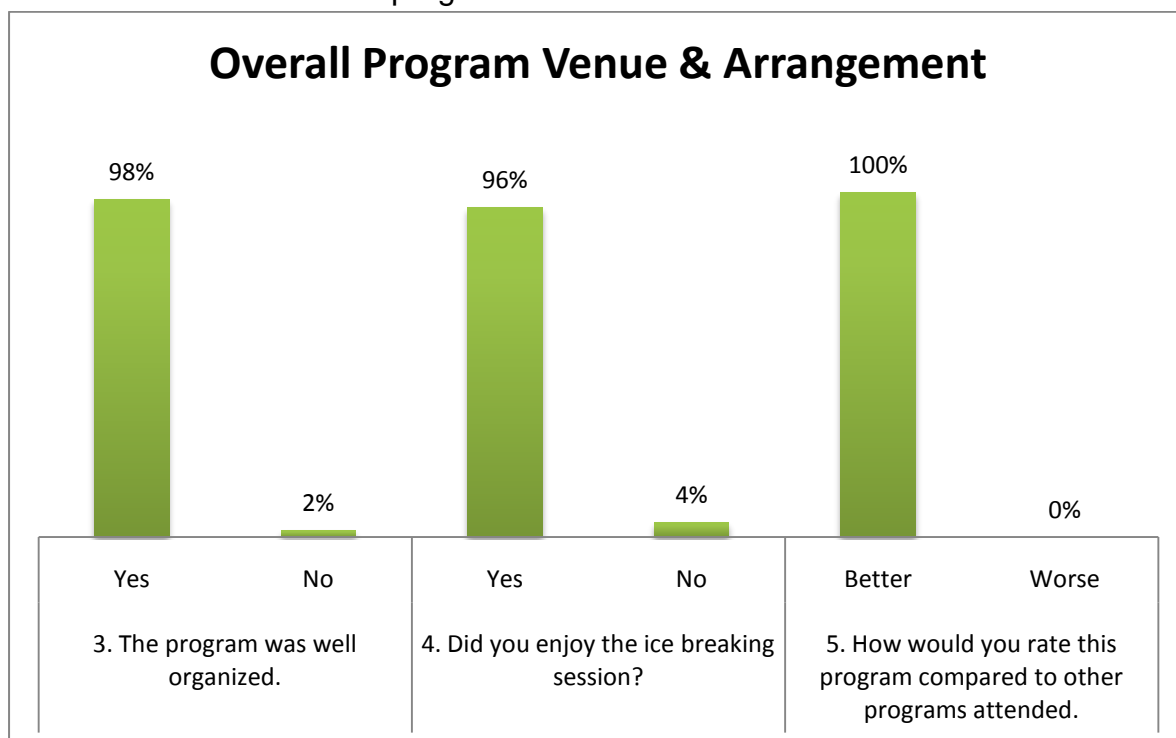
1. Feedback on program venue:



2. Feedback on program arrangement and materials:



3. Feedback on the overall program:



Overall the feedback for the venue and overall program was either **above average or excellent**.

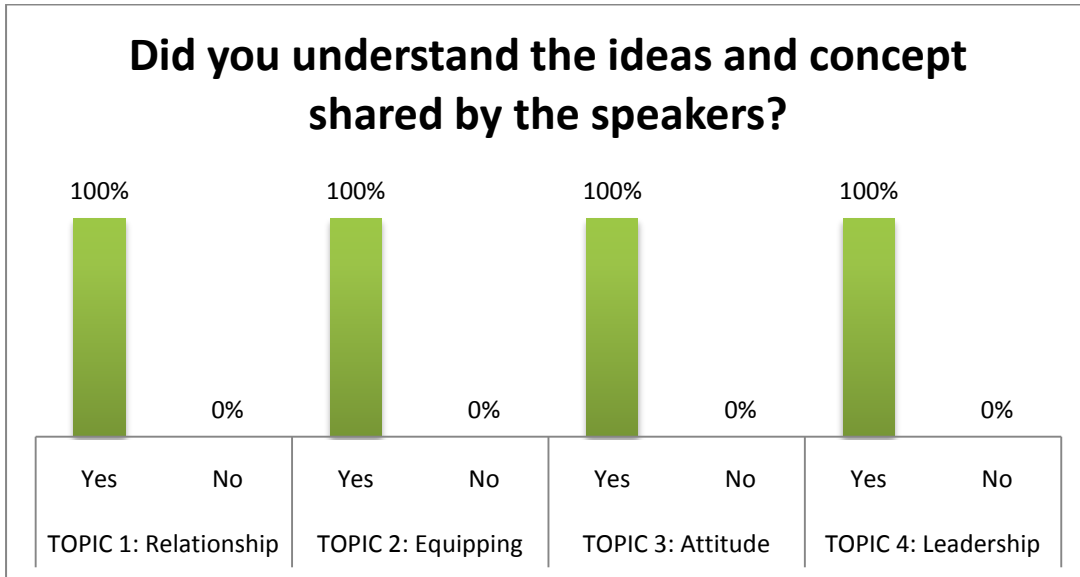
4. What did you like best about the program and why? (no editing)

- *The content of the program "Discovering myself"*
- *It gives me more inspiration.*
- *Meeting new people. Get to learn personality plus.*
- *Pasu biru.*
- *The conductors themselves speak from his heart.*
- *The program that they organized.*
- *The speakers.*
- *Leadership. Teach what the right leader need.*
- *They stick with their dream.*
- *The knowledge and opportunity to get to know new people.*
- *The organizer was well organized and knowledgeable about the subject matter.*
- *Abang Mirul and Kak Elin inspired me to become a good leader.*
- *Selling the book. New exposure to deal with people.*
- *Speaker and the audience are happening.*
- *Selling the book. New exposure to deal with people.*
- *Good and inspiring speaker.*
- *Because it is very efficient.*

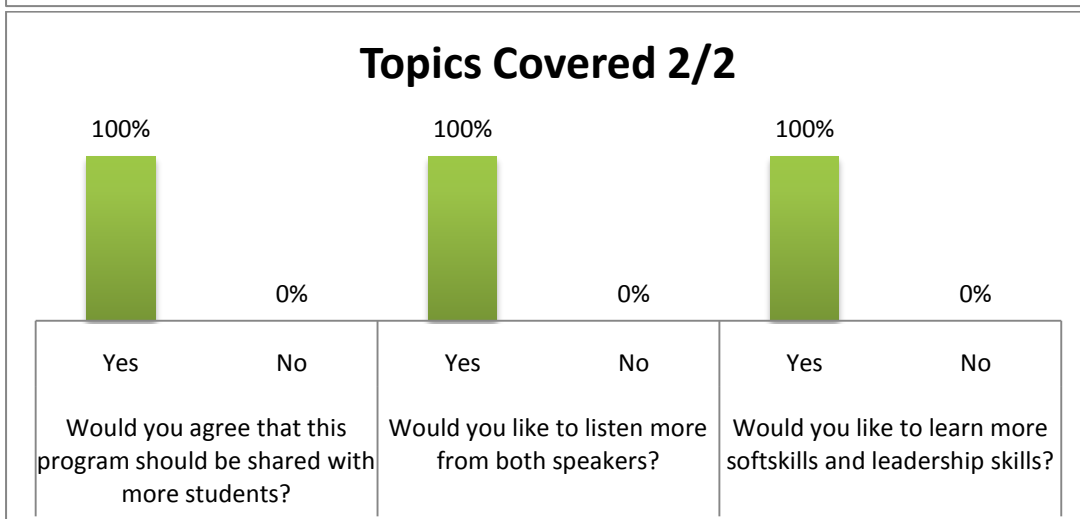
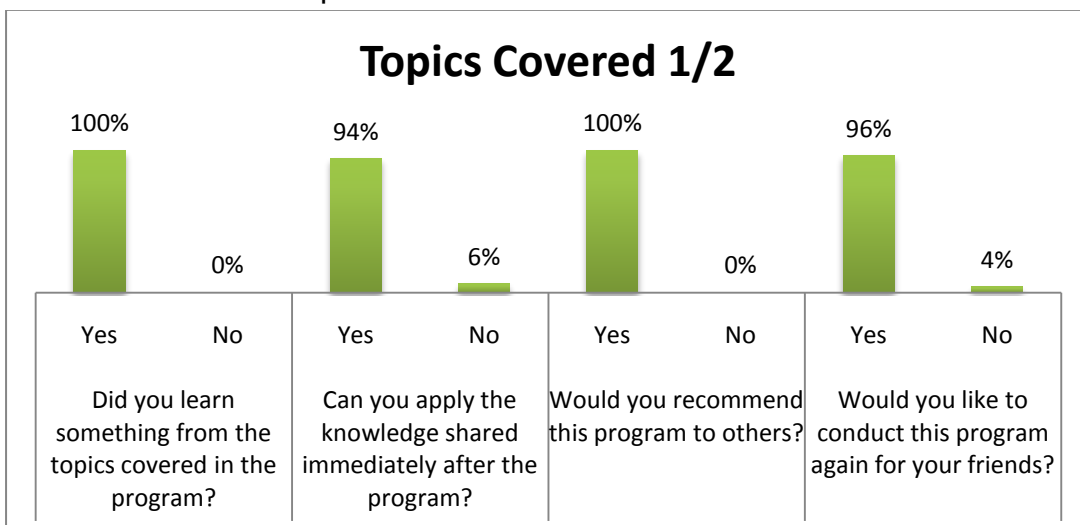
- *Learn about yourself.*
- *I got a lot of knowledge.*
- *Inspiring.*
- *Motivated ourselves to become a better person than yesterday.*
- *A lot of tips that give me courage.*
- *The way they deliver the knowledge.*
- *It can encourage us to be great leader.*
- *Group session-enhances team work.*
- *All. The best!*
- *Personality test.*
- *Attitude.*
- *Selling book.*
- *Personality test.*
- *The input.*
- *The movie is very inspiring.*

SECTION 3: SPEAKERS AND TOPICS

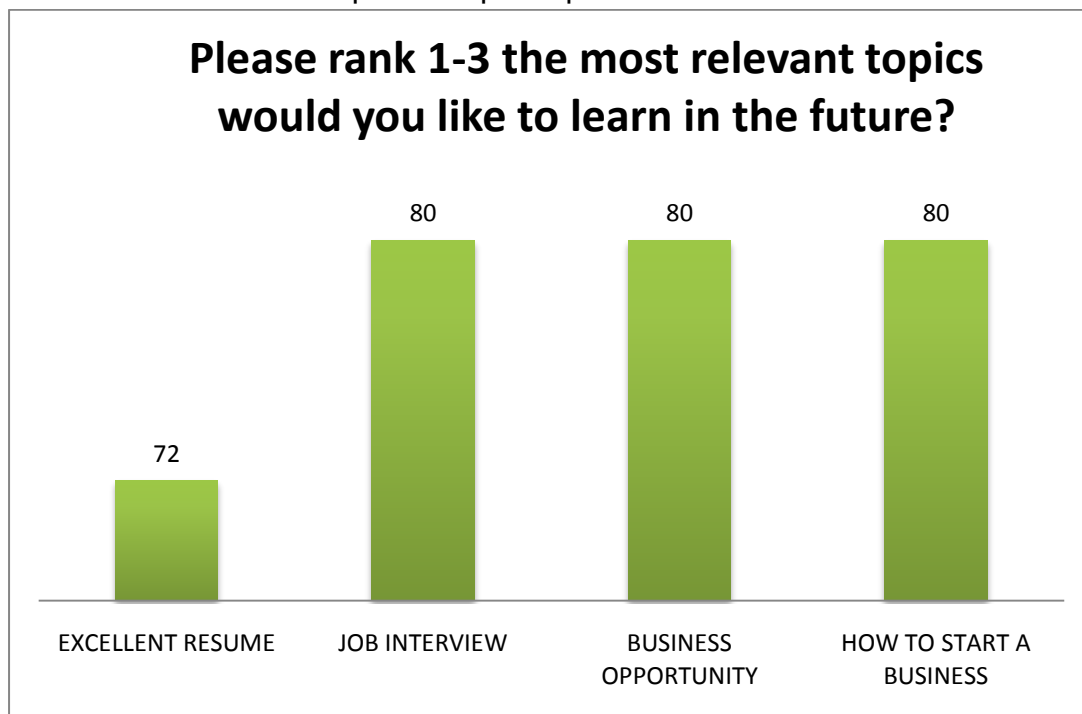
1. Feedback on the topics presented at the program:



2. Evaluation on the topics covered:



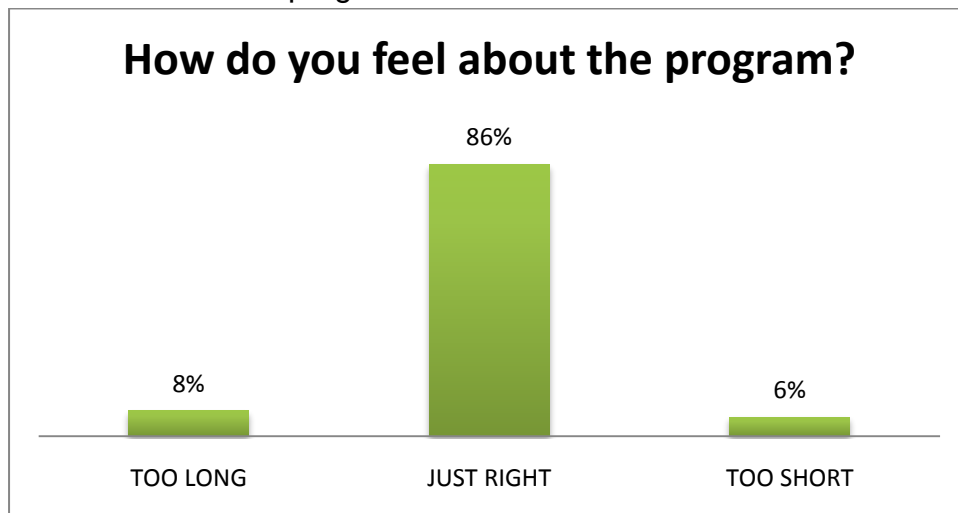
3. Feedback on future topics that participants would like to learn in the future:



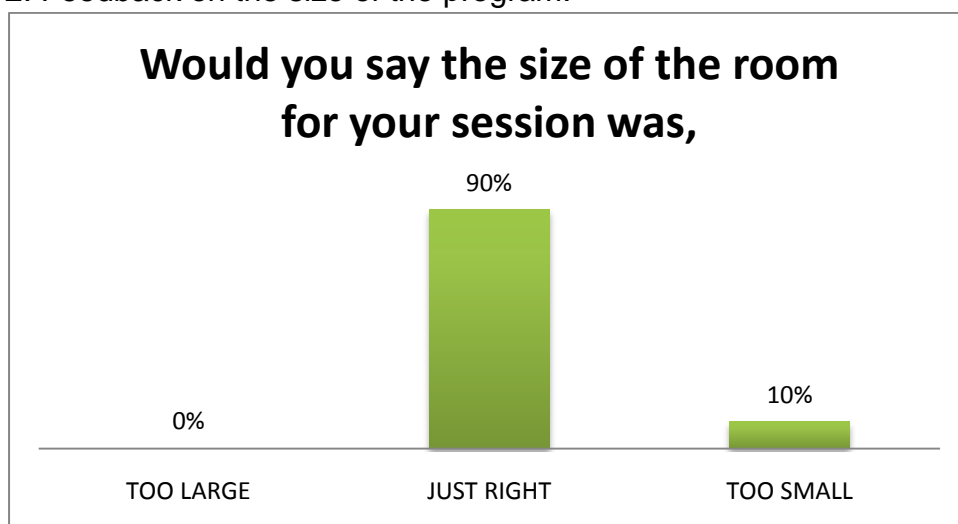
Overall the evaluation of the speakers and topics presented **were very good with a high percentage of 94% to 100% in agreement.**

SECTION 4: OVERALL COORDINATION AND ORGANISATION

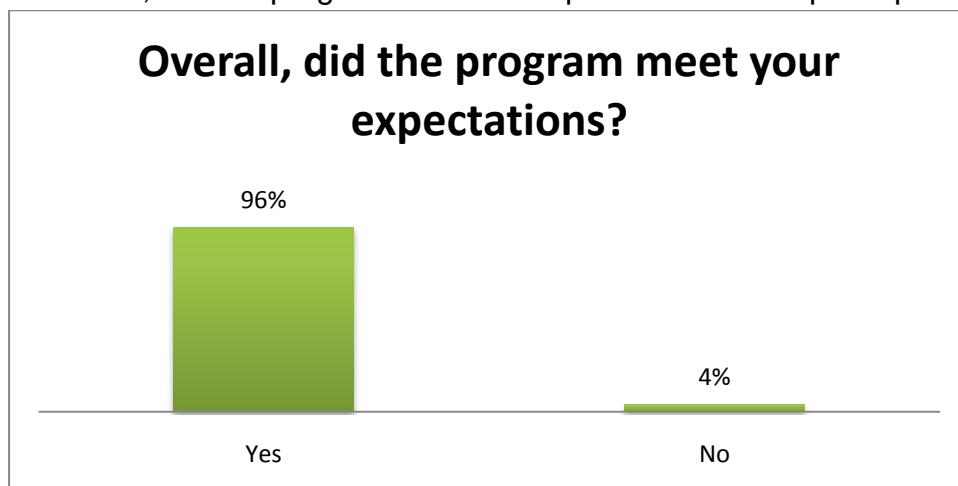
1. Feedback on the program duration:



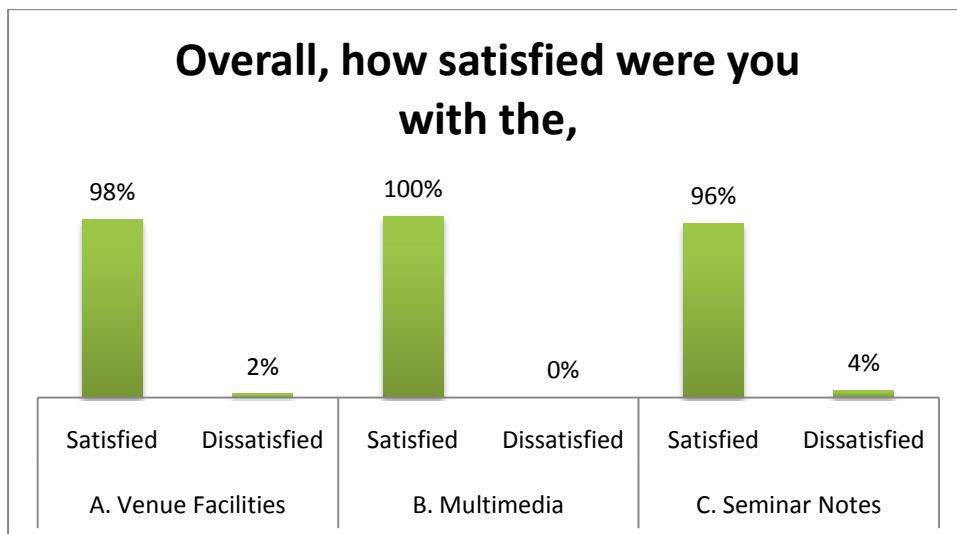
2. Feedback on the size of the program:



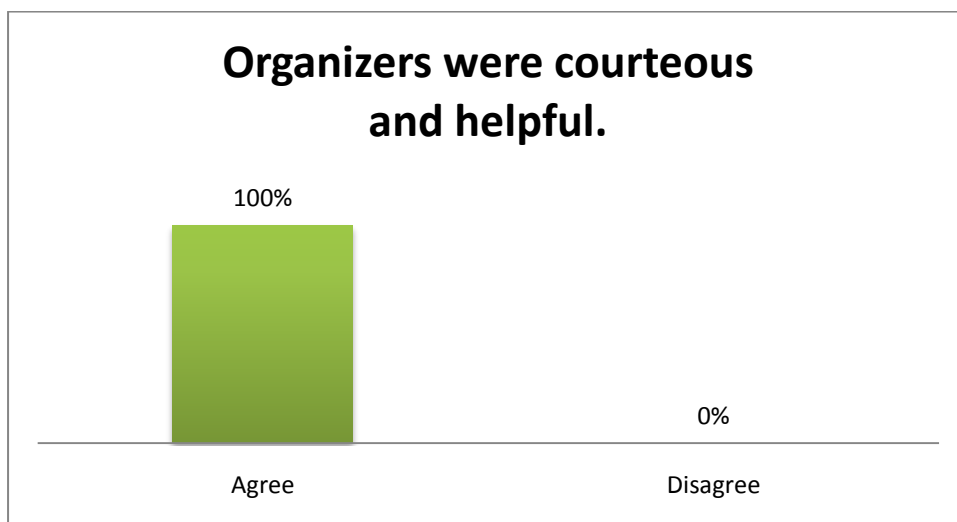
3. Overall, did this program meet the expectations of the participants?



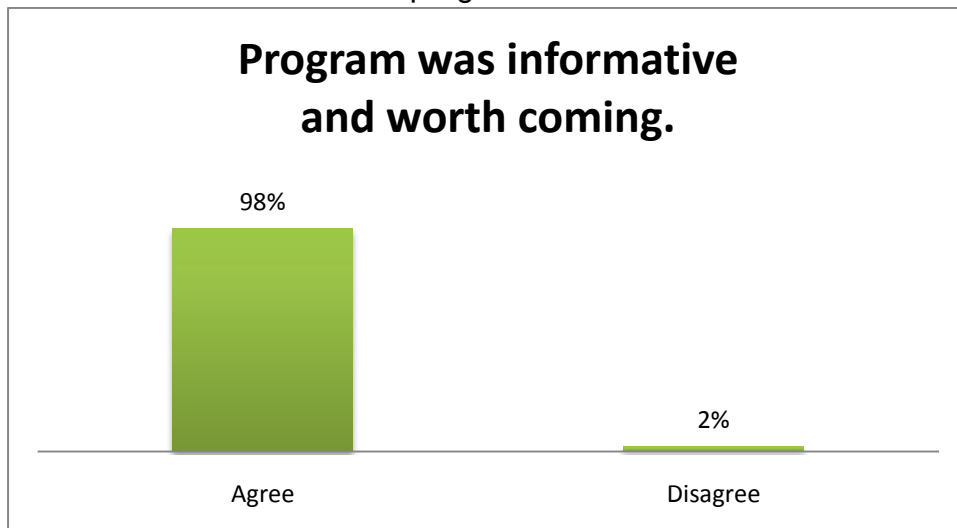
4. Feedback on the overall satisfaction of venue facilities, multimedia presentations and seminar notes:



5. Feedback on the secretariat:



6. Feedback on whether the program was informative and worth coming:



7. Please tell us your favourite session and why? (no editing)

- *Personality plus.*
- *Story about the incapable.*
- *I learnt something from all session.*
- *Relationship (personality plus) because know about yourself.*
- *Relationship.*
- *Relationship knows the right personal grooming and what type my personality.*
- *All of them are so valuable.*
- *Personality plus because I get to know myself better.*
- *Business, leadership, management.*
- *Bulat and pasu biru.*
- *Pasu biru because new story.*
- *Pasu biru. Good and motivated story.*
- *All.*
- *Attitude and leadership*
- *The session where we identified your personality.*
- *Our personality and grooming*
- *Personality test.*
- *Story session (pasu biru)*
- *Selling book because it makes me brave.*
- *Team work.*
- *Pasu biru because it motivated.*
- *The personality.*
- *Pasu biru - I need that kind of attitude that Bill had.*
- *Relationship.*
- *Personality.*
- *Leadership.*
- *Personal grooming.*
- *Leadership. I love to be a leader.*
- *Personal grooming. It's all about me.*
- *The part which we are given task to sell the books.*

SUMMARY

Overall the DYS which was organized by RLS was able to achieve the objective to equipped participants with the skills and knowledge for them to upgrade themselves to become better people and better leaders. It is hoped that the participants will be able to use the skills learned to increase their prospect and marketability in the employment race.

This fact is supported by 98% of the participants agreeing that the program was informative and worth coming.

Topics covered,

TOPICS	DETAILS
Topic 1: Relationship	<ul style="list-style-type: none"> • Personal Grooming • Personality Plus <ul style="list-style-type: none"> ● <u>Melancholy</u> ● <u>Sanguine</u> ● <u>Phlegmatic</u> ● <u>Choleric</u> • Body Language
Topic 2: Equipping/ Teamwork	Learn how to create a WINNING team using the B.U.L.A.T. principles.
Topic 3: Attitude	Learn from the 'Pasu Biru' story & develop a positive attitude at all times.
Topic 4: Leadership	Learn the 5 Golden Rules to develop your leadership.

Report prepared by Real Leaders Solutions
15 Julai 2010